

Mediated Learning Support Approach (MeLSA)

Delivered by Educational Psychologists

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Psychology4Learning
Putting Psychology at the Heart of Learning

Register your interest in future MeLSA training

Build independent, confident learners

MeLSA is a nationally recognised, evidence-informed training programme delivered by Educational Psychologists that equips school staff with **practical, psychology-based strategies to improve learning, independence and outcomes for pupils**. Unlike approaches focused solely on wellbeing, MeLSA focuses on **how children learn — developing thinking skills, memory, problem-solving and independence**

Why the training is so powerful for schools

After MeLSA training, staff are able to:

- Understand and analyse how pupils learn – not just what they struggle with
- Teach thinking skills, metacognition and memory strategies to unlock progress
- Adapt teaching and tasks to promote independence and engagement
- Plan and deliver targeted interventions with measurable impact
- Build staff confidence, expertise and whole-school capacity

Why schools invest in MeLSA

- Directly impacts pupil progress, independence and learning behaviours
- Strengthens quality-first teaching and intervention effectiveness
- Opportunity for Educational Psychologist led supervision
- Suitable for all phases (EYFS to Post-16) and all settings
- Empowers staff to cascade strategies across the school

What does the training include?

Either a 6 day comprehensive programme including:

- Growth mindset and mediating learning
- Thinking about thinking (metacognition)
- Memory and recall strategies
- The psychology of learning in maths, literacy and beyond
- Applying MeLSA across the school and monitoring impact

Or a 3 day core programme:

- Growth mindset and mediating learning
- Thinking about thinking (metacognition)
- Memory and recall strategies

Complete this online form to register your interest

<https://forms.office.com/e/ybfdAn1XkJ>

For more information about MeLSA:
www.youtube.com/watch?v=TEvn8DQYPfA